

# Could this be your Career Pathway?

Find out about Lizzie's career in social care.



Throughout my life I have provided care and support to a close loved one with a disability and this steered my career decision. I knew I wanted a career that could make a difference to people's lives, in a positive way. I attended university to gain a degree in occupational therapy and completed the first two years of my course before experiencing some personal health issues which meant I needed to take some time off. I opted to take a gap year and found myself a temporary job as a care assistant

in domiciliary care. It turns out that job wasn't that temporary after all, and I am still in care all these years later, making the decision not to return to university. I have worked my way through various roles within the care sector. I left university with a foundation degree in health studies, but I have got my social care qualifications whilst working in care roles.

I found my passion when I stepped into my first job as a care assistant, and I have never regretted the decision to remain in care. It has its challenges and it is often very fast paced, but that is what I love about it. I love to be challenged and seeing the difference we can make. It is a career that holds so much job satisfaction.

**Head of Care**

**Head of Service**

**Area Manager**

**Registered Manager**

**Deputy Manager**

**Care Coordinator**

**Senior Care Assistant**

**Care Assistant**