

# Sarisa's first smear test



Sarisa got a letter from her doctor.

The letter invited her for **cervical screening** or **smear test**.



The test looks for changes and viruses in your cervix inside your body.

The cervix is inside your body at the top of your vagina. You cannot see it.



Sarisa talked to her carer Jo about having the smear test.



Sarisa got upset and said she did not want to do it.



Sarisa got more letters from her doctor to remind her to book a smear test.

When a reminder letter came, Sarisa talked to Jo about it again.



Sarisa read the easy read guide to having a smear test.



Sarisa talked to staff at her day service about the smear test.



Sarisa talked to her learning disability nurse about the smear test.

Sarisa talked to her practice nurse at the doctor's about the smear test.



Sarisa decided to get the smear test one year after her first letter.



The nurse booked a long appointment.  
She did not want Sarisa to feel rushed.

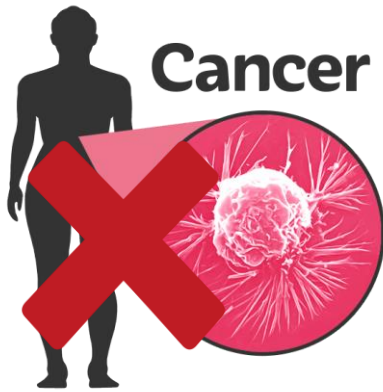


Jo went with Sarisa to her appointment.



Sarisa said

I felt scared and nervous but I want to do the test.



Sarisa said the test can show if you have **cancer** and I did not want to get that.

Cancer is a serious disease you can die from.



I was happy Jo was there with me.

I was glad when it was done.



I felt a bit uncomfortable afterwards.



I think it's good for people to have this test.

I do not think people should go alone. Their parent or carer should go with them.

I showed my foster sister the guide so she knows what her smear test will be like.